



OPTIMAL RESULTS  
PHYSICAL HEALTH CENTER

LIVE BETTER, STAY BETTER, HAVE FUN



### 3BA RECREATIONAL LEAGUE APPLICATION:

**Team Name:** \_\_\_\_\_

**CAPTAIN:**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

ALTERNATIVE CONTACT FOR EMERGENCY ONLY:

Name \_\_\_\_\_ Phone # \_\_\_\_\_

**PLAYER:**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

ALTERNATIVE CONTACT FOR EMERGENCY ONLY:

Name \_\_\_\_\_ Phone # \_\_\_\_\_

**PLAYER:**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_+++ Middle Initial \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

ALTERNATIVE CONTACT FOR EMERGENCY ONLY:

Name \_\_\_\_\_ Phone # \_\_\_\_\_

**PLAYER:**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

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Name \_\_\_\_\_ Phone # \_\_\_\_\_

**PLAYER:**

First Name \_\_\_\_\_ Last Name \_\_\_\_\_ Middle Initial \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone # \_\_\_\_\_ Cell Phone # \_\_\_\_\_

Birth Date \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_

ALTERNATIVE CONTACT FOR EMERGENCY ONLY:

Name \_\_\_\_\_ Phone # \_\_\_\_\_

PLEASE BE SURE TO INCLUDE ALL THE FOLLOWING:

Player Release & Eligibility Form (completed & signed) Each Player

\_\_\_ Size of 6 Jerseys M, L, XL, XXL, XXXL (Add \$4 more each for xxl and xxxl, \$25 more for additional Jerseys, \$3 more each jersey for Team Name or Logo)

\$400 (TEAM) CHECK OR By Credit Card at 10<sup>th</sup> Ave Front Desk.

Checks payable to: Optimal Results

For Internal Use: