

10th Ave Athletic Club Pool Schedule - Winter 2008

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	TIME
6:15AM	POOL OPENS 6:00 AM *** Open/Lap Swim	POOL OPENS 6:00 AM *** Open/Lap Swim	POOL OPENS 6:00 AM *** Open/Lap Swim	POOL OPENS 6:00 AM *** Open/Lap Swim	POOL OPENS 6:00 AM *** Open/Lap Swim	POOL OPENS 6:00 AM *** Open/Lap Swim		6:15AM
6:30AM								6:30AM
7:00AM								7:00AM
7:30AM								7:30AM
8:00AM								8:00AM
8:30AM	POOL CLOSED 8:45 TO 8:55 - LIFEGUARD BREAK (effective April 10th)							8:30AM
9:00AM	Open/Lap Swim	Open/Lap Swim Swm Schl (1 Ln)	Open/Lap Swim	Open/Lap Swim Swm Schl (1 Ln)	Open/Lap Swim	*AQUA EX. Missy		9:00AM
9:30AM								9:30AM
10:00AM	*AQUA EX. Missy	*SLOMO Holly	*BREASE Holly	*SLOMO Holly	*AQUA EX. Marilyn	Lap Swim (3 Lanes)	POOL OPENS 10:15 AM	10:00AM
10:30AM	10:30AM							
11:00AM	Lap Swim (3 Lanes) *** Swim School (1 Lane)	Lap Swim (3 Lanes) *** Swim School (1 Lane)	Lap Swim (3 Lanes) *** Swim School (1 Lane)	Lap Swim (3 Lanes) *** Swim School (1 Lane)	Lap (3 Lanes) Swm Schl (1 Ln)	Swim School (1 Lane)	POOL OPENS (3 Lanes) *** Swim School (1 Lane)	11:00AM
11:30AM								11:30AM
12:00PM								12:00PM
12:30PM								12:30PM
1:00PM								1:00PM
1:30PM	1:30PM							
2:00PM	POOL CLOSED 2:00 TO 2:10 - LIFEGUARD BREAK							2:00PM
2:30PM	Open/Lap (3 Lanes) *** Swim School (1 Lane)	Open/Lap (3 Lanes) *** Swim School (1 Lane)	Open/Lap (3 Lanes) *** Swim School (1 Lane)	Open/Lap (3 Lanes) *** Swim School (1 Lane)	Open/Lap (3 Lanes) *** Swim School (1 Lane)	Swim School (1 Lane)	Swim School (1 Lane)	2:30PM
3:00PM								3:00PM
3:30PM								3:30PM
4:00PM								4:00PM
4:30PM								4:30PM
5:00PM	5:00PM							
5:30PM	POOL CLOSED 5:50 TO 6:00 - LIFEGUARD BREAK (effective April 10th)							5:30PM
6:00PM	Open/Lap (3 Lanes) ***	Lap/Lesson	Open/Lap (3 Lanes) ***	Lap/Lesson	Open/Lap (3 Lanes) ***			6:00PM
6:30PM		*AQUA EX. Holly		*AQUA EX. Holly				6:30PM
7:00PM	Swim School (1 Lane to 8:00 pm)	Open/Lap Swim ***	Swim School (1 Lane to 8:00 pm)	Open/Lap Swim ***	Swim School (1 Lane to 8:00 pm)			7:00PM
7:30PM								7:30PM
8:00PM								8:00PM
8:30PM	POOL CLOSES 8:45 PM	POOL CLOSES 8:45 PM	POOL CLOSES 8:45 PM	POOL CLOSES 8:45 PM	POOL CLOSES 8:45 PM			8:30PM
9:00PM								9:00PM

*There will generally be 1 to 2 lanes available for lap swim during Aqua Ex Classes, but lap space is subject class size during these times.